

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

Dishes														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Poultry Starters														
Chicken Chaat	✓	✓		✓			✓		✓					
Chicken Tikka	✓						✓		✓	✓				
Chicken Garlic	✓	✓					✓		✓	✓				
Chicken Pakora	✓	✓		✓			✓		✓	✓				
Chicken Tikka Puri	✓	✓		✓			✓		✓	✓				
Hoppers	✓	✓		✓					✓					
Meat Starters														
Shish Kebab	✓								✓	✓				
Shami Kebab	✓								✓	✓				
Lamb Tikka	✓						✓		✓	✓				
Lamb Garlic	✓	✓					✓		✓	✓				
Samosa	✓	✓		✓					✓				✓	
Mixed Kebab	✓	✓		✓					✓	✓			✓	

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Fish Starters														
Sea Bass Spicy Grill	✓				✓				✓					
King Prawn Puri	✓	✓		✓	✓		✓		✓					
Prawn Puri	✓	✓		✓	✓		✓		✓					
King Prawn Tikka	✓				✓		✓		✓	✓				
King Prawn Garlic	✓	✓			✓		✓		✓					
Prawn Cocktail				✓	✓		✓							
Salmon Tikka	✓				✓		✓		✓	✓				
Fish Pakora	✓	✓		✓	✓		✓		✓					
Exotic Salmon	✓				✓				✓					
Vegetable Starters														
Onion Bhaji	✓	✓		✓					✓					
Pakora	✓	✓		✓					✓					
Vegetable Samosa	✓	✓		✓					✓				✓	

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Sagar Specials														
Garlic Chilli Chicken	✓						✓		✓	✓				
Nepalese Stir-Fry	✓						✓		✓	✓				
Garlic Balti	✓						✓		✓	✓				
Chilli Massalla	✓						✓		✓	✓				
Hari Mirchi	✓						✓		✓	✓				
Lamb Bangla	✓								✓					
Lamb Naga	✓								✓					
Lamb Nawabi	✓						✓		✓					
South Indian Murghi	✓						✓		✓	✓				
Modhu Murghi	✓						✓		✓	✓				
Sagar Biryani	✓						✓		✓	✓				
Mango Mango	✓						✓		✓	✓				
Dum Lamb	✓								✓	✓				

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Tandoori Specials														
Chicken Tikka	✓						✓		✓	✓				
Lamb Tikka	✓						✓		✓	✓				
King Prawn Tikka	✓				✓		✓		✓	✓				
Salmon Tikka	✓				✓		✓		✓	✓				
Chicken Tandoori	✓						✓		✓	✓				
Tandoori Mix Kebab	✓						✓		✓	✓				
Chicken Shashlik	✓						✓		✓	✓				
Lamb Shashlik	✓						✓		✓	✓				
Sizzler Specials														
Chicken Tikka	✓						✓		✓	✓				
Lamb Tikka	✓						✓		✓	✓				
Chicken Tandoori	✓						✓		✓	✓				
Tandoori Mix Kebab	✓						✓		✓	✓				

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Sagar Fish														
King Prawn Shell Balti	✓				✓				✓	✓				
Goa Salmon	✓				✓				✓					
Grilled Bengal Seabass	✓				✓				✓					
Exotic Salmon	✓				✓				✓					
Grilled Bengal Salmon	✓				✓				✓					
Sagar Favourites														
Shahee	✓						✓		✓	✓				
Lussi	✓								✓	✓				
Palok	✓								✓	✓				
Rezzella	✓								✓	✓				
Balti	✓								✓	✓				
Sondia	✓								✓	✓				

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Massala Dishes														
Chicken Tikka/Balti Massala	✓						✓		✓	✓				
King Prawn Tikka Massala	✓				✓		✓		✓	✓				
Lamb Tikka Massala	✓						✓		✓	✓				
Aloo Gobi Massala	✓						✓		✓	✓				
Traditional Classics														
Korma	✓						✓		✓					
Dansak	✓								✓					
Duppiya	✓								✓					
Bhuna	✓								✓					
Kharai	✓								✓					
Rogan Josh	✓								✓					
Samber	✓								✓					
Madras	✓								✓					
Jalfrezi	✓								✓					
Vindaloo	✓								✓					
Chicken/Lamb Tikka	✓						✓		✓	✓				

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Vegetable Side Dishes														
Aloo Gobi	✓								✓					
Aloo Methi	✓								✓					
Bombay Aloo	✓								✓					
Cauliflower Bhaji	✓								✓					
Mushroom Bhaji	✓								✓					
Sag Bhaji	✓								✓					
Mixed Veg Bhaji	✓								✓					
Chana Bhaji	✓								✓					
Tarka Dhall	✓								✓					
Sag Paneer	✓						✓		✓					

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Traditional Breads														
Keema Nan		✓		✓			✓							
Peshwari Nan		✓		✓			✓			✓				
Garlic Nan		✓		✓			✓							
Plain Nan		✓		✓			✓							
Cheese Naan		✓		✓			✓							
Keema, Chilli & Garlic Naan		✓		✓			✓							
Chapati		✓												
Puri		✓		✓			✓							
Tandoori Roti		✓												
Biryani Dishes														
Chicken/ Lamb	✓								✓					
Chicken Tikka/Lamb Tikka	✓						✓		✓	✓				
Prawn/King Prawn	✓				✓				✓					
Vegetable	✓								✓					
Mixed	✓				✓		✓		✓					

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